

How to lead a Small Group

Remember that the aim of the small group is to foster discussion and community, rather than for the leader or one individual to preach to everyone.

1 - Often an **Icebreaker** question is a great way to start discussion. You could ask a question like those below, or use an “app” like <https://letsplunge.yesheis.com/> :

- What were the highs or lows of your week?
- What is your earliest memory?
- If you had to describe yourself as one animal, what would it be and why?
- What is your favourite type of holiday destination?

2 - Next, **watch the video**. You can ask various people in the group to help by leading the group discussion portion from time to time..

3 - Ask the **questions** we have provided. They are open ended, and often follow the following line of questioning:

- What is the main message of this talk / passage?
Allow discussion and even diverging from the main topic if it is helpful.
- What did you find particularly helpful or challenging?
- What did you not fully understand?
- What can we do PRACTICALLY in response to this teaching?

4 - At some stage in the meeting offer **prayer** for each person.

- Ask, “how can we pray for you / each other now?”
- Ask each person to pray or you, as leader, pray for each person’s need

NB. The **blessing** and opportunity in Small Groups is the possibility for...

- Each person to contribute and/or ask questions,
- People to pray for each other and to ask for prayer,
- People to learn to use and grow in their gifts,
- Community, friendship and intimacy in relationships.

The **main elements** that should be in every Small Group are...

- **A**SK - Prayer - listening to God, listening to each other’s needs, and praying for each other
- **B**ELIEVE - God’s word - Discussing and learning together
- **C**ARE - Love, friendship, community
- **D**O - Practical application, and follow up later to discuss whether we have done what we agreed to do

Let us know how you get on, and how we can help you and pray for you.

God Bless you in this very important ministry.